



**Central Jersey Bicycle Club, Inc.**

**Over 40 Years and Still Rolling**

**Established 1968**

**January 2016**

**Number 1**

**Upcoming Meetings: General Meeting**

January 18, 7:00 PM

Metuchen Library

**Please be aware that all members are welcome to attend the Board Meetings. You must notify a member at large if you would like your voice to be heard. This way, you may be allowed time to have your concerns expressed, time permitting.**



## Recent Photos



December 2015 Holiday Party at Spain 92



Award Winners & Attendees at December Meeting



## Recent Photos



Board Member Carey Kotake & Sister Mary Jo Kearns  
at December Meeting

On Sunday, December 13th, our Holiday Party was held at "Spain 92" which was attended by 28 members, family and guests. A good time was had by all!



Submitted by John Colasanti



# CJBC Calendar & Rides



# JANUARY EVENT CALENDAR

January 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 NEW YEARS DAY	2 Friday? on Saturday C 4 35 or 43 - Ben
					Friday? on Friday C 4/3 30 Ben	
3 Friday? on Sunday C 4 30	4	5	6	7	8 Ride b4 it's 2 warm - C 4 30 - Ben	9
10	11	12	13	14	15	16
17	18 MARTIN LUTHER KING BIRTHDAY	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

\* The event calendar can also be viewed on the CIBC website at [www.cjbc.org](http://www.cjbc.org). Be sure to check the Event Calendar on the website often. New rides may be listed at any time and the printed calendar in this newsletter shows rides submitted as of the 24th, give or take, of last month.

# Ride Schedule

## Friday, January 1

**Friday? On Friday**

**Ben, 848-667-5020**

**Pace: C**

**Terrain: 4/3**

**Distance: 30 miles**

**Time: 10:00 AM**

Metuchen High School, 400 Grove Avenue, Metuchen, NJ 08840. Call by 5PM the day before. No calls, no ride. Cue sheet #2. Bring Dunkin coupons.

## Sunday, January 3

**Friday? On Sunday**

**Ben, 848-667-5020**

**Pace: C**

**Terrain: 4**

**Distance: 30 miles**

**Time: 10:00 AM**

Edison Municipal Complex, 100 Municipal Boulevard, Edison, NJ 08817. Call by 5PM the day before. If no calls, no ride. Cue sheet Edison #1.

## Saturday, January 2

**Friday? On Saturday**

**Ben, 848-667-5020**

**Pace: C**

**Terrain: 4**

**Distance: 35 or 43 miles**

**Time: 10:00 AM**

Village Park, Cranbury, NJ. Call by 5PM the day before. No calls, no ride. Cue sheet Cranbury #8.

## Friday, January 8

**Ride before its 2 Warm**

**Ben, 848-667-5020**

**Pace: C**

**Terrain: 4**

**Distance: 30 miles**

**Time: 10:00 AM**

Edison Municipal Complex, 100 Municipal Boulevard, Edison, NJ 08817. Call by 5PM the day before. If no calls, no ride. Cue sheet Edison #1.

**We suggest you call the ride leader if you intend to join a ride. The leader does not have to ride if no calls are received and if the leader has your number you can be informed of any last minute changes. We also encourage you to contact us regarding rides you'd like to see and if you would be interested in becoming a ride leader.**



## Ad-Hoc rides are last minute ride postings.

Ad hoc rides are rides that are posted at least 2 days before the ride takes place. This amount of time is necessary so the notification is published on time.

See our rides schedule on our web site: **website's Event Calendar** (check the rides schedule often as new rides may be listed at any time; sometimes as little as two days before the ride).

### Ride Leaders

Please send all Ride Rosters to:

[Award Chair](#)

P.O. Box 10686, Brunswick, NJ 08906

Rides scheduled through Memorial Day should be sent by June 21.

Rides scheduled after Memorial Day thru Columbus Day should be sent by November 1.

Rides scheduled after Columbus Day thru New Year's should be sent by January 15.

### Ride Classifications

**PACE CATEGORIES** - Road bike recommended

**AX** For strong, experienced cyclist in top physical condition. Average speed is 18 mph or more.

**A+** For strong, experienced cyclist. Average speed is 17 to 18 mph.

**A** For strong, experienced cyclist. Average speed is 16 to 17 mph.

**A-** For strong experienced cyclist. Average speed is 15 to 16 mph.

**B+** For good, competent cyclists. Average speed is 14 to 15 mph.

**B** For good, competent cyclists. Average speed is 13 to 14 mph.

**B-** For good, competent cyclist. Average speed is 12 to 13 mph.

**C+** For average cyclists. Average speed is 11 to 12 mph.

**C** For average cyclists. Average speed is 10 to 11 mph.

**C-** For average cyclists. Average speed is 9 to 10 mph.

**D** For novice cyclist. Average speed is 9 mph or less.

Speeds indicate average upon completion of ride. Speeds will vary during ride depending on terrain.

### TERRAIN RATINGS

**1** Hill Mania (multiple long and/or steep climbs)

**2** Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)

**3** Rolling Hills (such as Valley Road in Warren Township)

**4** Mostly flat (except for occasional overpasses)

**ATB RATINGS-** For All-terrain and hybrids. Average speed will vary with terrain and rider's experience.

**1 Log** Novice. Basically flat. Typically tow paths and fire roads.

**2 Logs** Intermediate. Rolling. Rough paths and fire roads.

**3 Logs** Advanced. Numerous steep hills, some technical

**MTB RATINGS-** For All-terrain bikes only. Speeds will vary.

**1 Log** Novice. Basically flat to smooth.

**2 Logs** Intermediate. Rolling, rugged.

**3 Logs** Advanced. Hilly, technical.





# **CJBC Board Minutes & Member Notes**



Central Jersey Bicycle Club, Inc.  
P. O. Box 10686  
New Brunswick, NJ 08906  
[info@cjbc.org](mailto:info@cjbc.org)  
732-225-4827 or 732-225-HUBS

## The CJBC Board

President	Vacant		
Vice President	Vacant		
Treasurer	John Colasanti	908-456-2075	<a href="mailto:Treasurer@cjbc.org">Treasurer@cjbc.org</a>
Membership	Joe DeSimone	908-229-9596	<a href="mailto:Membership@cjbc.org">Membership@cjbc.org</a>
Recording Secretary	Carey Ann Kotake		<a href="mailto:RecordingSecretary@cjbc.org">RecordingSecretary@cjbc.org</a>
Ride Captain	Steve Siegel	908-405-5037	<a href="mailto:RideCaptain@cjbc.org">RideCaptain@cjbc.org</a>
Member at Large I	Earl Lapides	732-261-2000	<a href="mailto:MemberatLargeI@cjbc.org">MemberatLargeI@cjbc.org</a>
Member at Large II	Harold Finkel	732-613-6527	<a href="mailto:MemberatLargeII@cjbc.org">MemberatLargeII@cjbc.org</a>
Public Relations	Nicholas Spadavecchia	732-713-3187	<a href="mailto:PublicRelations@cjbc.org">PublicRelations@cjbc.org</a>
Program Chair	David Lewis	732-381-8692	<a href="mailto:Drlewis140@gmail.com">Drlewis140@gmail.com</a>
Awards	Vacant		
LAB Rep	Mike Kruimer	732-586-3981	<a href="mailto:Kliner54@optonline.com">Kliner54@optonline.com</a>
Farmlands Chair	John Colasanti	908-456-2075	<a href="mailto:Seezer2@aol.com">Seezer2@aol.com</a>
CJBC Information	CJBC Information	732-225-4827	<a href="mailto:info@cjbc.org">info@cjbc.org</a>

Prospective members may join CJBC via the "Join CJBC" tab at <http://www.cjbc.org/> or via active.com at this link: <http://www.active.com/edison-nj/cycling/memberships/central-jersey-bicycle-club-2015-membership-2014>

Send content for *The HUB* to [NewsletterEditor@cjbc.org](mailto:NewsletterEditor@cjbc.org) | **Deadline for all content is the 24th of the month.**

The views expressed in this publication are not necessarily the views of CJBC, Inc., nor do we endorse products or services advertised. **CJBC is a club affiliate of the League of American Bicyclists. Riders must wear approved helmets on all club rides!**

For any inquiries or questions regarding the HUB, please contact:

Felicita Rosario, Newsletter Editor (732) 912-3569 or [NewsletterEditor@cjbc.org](mailto:NewsletterEditor@cjbc.org)



# **Bike Club General Meeting Minutes**

## **December 21, 2015**

### **ATTENDEES**

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#### **Board Members Attending:**

John Colasanti –Treasurer & Farmlands Chair

Earl Lapides – Member-at-Large

Steven Seigel – Ride Captain

Nicholas Spadavecchia – Public Relations

Joe Desimone – Membership

#### **Also Attending:**

Ben Blum

Mary Jo Kearns

Harold Finkel

### **SCRIBE**

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Carey Ann Kotake

## AGENDA

### OLD BUSINESS

- 2015 Holiday Party
  - 28 Members attended the holiday party

### **New Business**

- Board Positions
  - John Colasanti elected Treasurer
  - Earl Lapides elected Member at Large
  - Harold Finkel elected Member at Large
- Club Insurance
  - Fee increase for 2016
  - \$4 per rider
  - Includes existing members and Farmland riders.
- Longest Day Ride
  - Returning in 2016
  - June 11, 2016
  - Steve Seigel to meet with riders in January to discuss routes and specifics
- Harold Finkel made suggestions to the board:
  - Collaboration between cycle clubs
  - Increased collaboration with sponsors
  - More short bike rides
  - Rider education and general information on website
  - Promote cycling events from other organizations
  - Rides targeted at younger riders
  - Club promotion at community events
- Farmlands 2016
  - 2016 Farmlands Tour will be on Saturday May 7th



## **Top 10 Surprises of 2015**

- 10. Finding out there is a bus terminal in Lakewood and in Toms River.**
- 9. Drawing 7 out of 10 cards that were clubs, 4 consecutive and not winning a prize at the Chestertown Lions Bicycle Poker Ride. It was still a fun ride.**
- 8. Making a rest stop at a farm stand near Pemberton that sells home-made potato chips.**
- 7. Seeing a dog cross U.S. 1 northbound in southern Virginia and nearly all of the southbound passing lanes. But three lanes are too much for a dog to cross when the dog is trying to catch me!**
- 6. Paying for a drink and snack by leaving money on the counter and the cashier refusing to take the money because I did not put it in his hand at the gas station/store in Providence, N.C.**
- 5. Meeting a woman one mile before the end of the Green Branch Park Half Century who was leaving the following Wednesday for Paris-Brest-Paris.**
- 4. Due to a posted detour, I make a rest stop at a Mennonite farm stand near Vineland.**
- 3. Having a pedal fall off completely, just after crossing the D&R Canal into Kingston. This was a shopping trip to Model's - North Brunswick. That was a first.**
- 2. A tandem couple I met on Tom Burns' Columbus Weekend trip were stuck and killed by a drunk driver on Halloween.**
- 1. At 5:30 on Labor Day, I was told by the NJT Train conductor that I couldn't put my bike on board because it was a holiday. I got on and someone else with a bike got on. This was in Trenton and the car was parked at the Spring Lake station.**

**Dashing Dan the Perimeter Man**

## **Top 10 Accomplishments for 2015**

- 10. For National Trails Day, I rode on as many rail trails in New Jersey, in both directions, as I could during day light hours. Since I used the car also, I pedaled on nine trails for 46 miles.**
- 9. Doing Tom Hammel's Burlington and Ocean Counties high points ride.**
- 8. Biking 7 times to collect 23 post office stamps from Post Offices in the Pine Barrens. This was 193 miles.**
- 7. Pedaling exactly a metric century from Tuckerton to Turkey Swamp Park and then catching the first of two buses from U.S. Route 9, Howell Township.**
- 6. Going from Bordentown to Camden to A.C. for the second year in a row, gaining two hours travel time. 90 miles.**
- 5. Perimeter of Atlantic County, 2 days, 120 miles.**
- 4. Perimeter of Kent County, MD. Of course, I still had about five miles to go when twilight occurred. 90 miles.**
- 3. Completing my fourth consecutive "One Week a Year" on the East Coast Greenway. 325 miles.**
- 2. Going round trip from Tuckerton to Fort Elfinboro to stimulate the route used to set the Ultra Marathan Bicycling Association's cross – N.J. record. The east-west time was only about 1 hour, 45 minutes off the record held by Joe K. of Knapp's Cyclery.**
- 1. As of November 29, averaging better than 30 miles per trip (32.4) for the first time. Granted, I only cycled 72 times.**

**I would like to wish you and your family a joyous holiday season!**

**Dashing Dan the Perimeter Man**



# Rides of Interest

Rides Within This Section Provided to CJBC  
From Outside Sources



## Announcing the 2016 NJ Bike & Walk Summit!

### Come Join Us at the 2016 NJ Bike & Walk Summit!

NJBWC announces the 2016 New Jersey Bike & Walk Summit, to be held on Saturday, February 27, 2016 at a NEW LOCATION, Princeton University in Princeton, NJ. With our new accommodations, this upcoming Summit is sure to be our biggest and best yet!

The NJBWC Summit is New Jersey's statewide meeting of bicycle and pedestrian advocates, elected officials and other civic leaders, transportation and urban planners, bike shop owners and managers, cycling, walking, fitness and health enthusiasts and experts, recreation, trails and club leaders and others who are interested in making our state a better place to live. It's an invaluable opportunity to connect and collaborate, and a perfect way to stay on the cutting edge of developments in active transportation in New Jersey and across the region.

At the 2016 Bike & Walk Summit, you'll have the opportunity to learn more about current state and federal legal and policy issues affecting your community, become aware of various public funding sources, and have the ability to network, identify and develop mutually beneficial relationships that can help your community become more bike and pedestrian friendly and therefore, more livable.

Speakers for the 2016 Summit include:

- **Cory Booker**, U.S. Senator (tentative)
- **Barbara McCann**, USDOT, Architect of the Complete Streets Movement
- **Princeton Mayor Liz Lempert**
- **Essex County Freeholder Vice President Brendan Gill**

*Over 20 panel sessions and presentations are planned, including a pecha kucha session.*

### Registration

Registration includes access to all of the day's events, continental breakfast and box lunch. On-line pre-registration is available for \$55 per attendee. Registration will also be available at the event for \$70. Pre-registration price of \$55 ends on Wednesday, February 24, 2016 at midnight. Day-of registration and check-in will begin at 8 am on Saturday morning, February 27. Opening remarks and the plenary will begin promptly at 8:45 am.

Registration to the NJ Bike & Walk Summit is non-refundable. [Register Here](#)



**WomanTours** is looking for women who may have suffered a loss, overcome an obstacle, or are in desperate need of a respite, and who would not otherwise be able to afford a WomanTours trip.

We have an angel who has made a substantial donation to help us keep "doing what we do." We know how rejuvenating our bicycle tours can be, so we want to use this generous donation to pay it forward.

The fortunate women will receive a free trip to our leisurely and flat Massachusetts Island Hopper: Nantucket and Martha's Vineyard tour on June 10 – 14, 2016, including up to \$1000 in travel expenses to the tour. The trip is non-transferable and has no cash value.

To apply, fill out this form by December 25, 2015: [www.womantours.com/wtangelfund.html](http://www.womantours.com/wtangelfund.html)

You can nominate yourself or someone you know!!

The WomanTours office staff and our angel will review the responses and choose up to four lucky winners and announce them on New Year's Eve.

For more info, watch our video: <https://youtu.be/gq8lRzoGDeY>

Jennifer Thompson, WomanTours, Inc., 800-247-1444



**The 38th annual Covered Bridge Metric Century, presented by Lancaster Bicycle Club, will be held Sunday, August 21, 2016 in Lancaster, PA.**

**Ride options include rolling 100k, 50k, and 25k routes.**

**Registration is only \$40.**

**Proceeds benefit the club's grant program.**

**Registration will open in early 2016. [www.lancasterbikeclub.net](http://www.lancasterbikeclub.net)**

**Adventure Cycling** has been putting them together for years. Not just bike tours, but epic experiences. Sunrise near a covered bridge in Vermont's Green Mountains. Laughing around a campfire in Big Sky country. Conquering the biggest, toughest hill in your cycling career. Seeing new places with cyclists who share your love of the pure joy of riding a bike.

Adventure Cycling is celebrating 40 years of bicycle travel; bringing people together to ride in great places. In 2016, we have 102 tours which will visit 40 different states, taking in some of the most spectacular scenery in North America; covering ground from Alaska to Hawaii, California to Maine, Canada to Puerto Rico. Our leaders and staff work hard to facilitate an enjoyable, unique adventure for you.

Read through our tour descriptions, detailed itineraries, and testimonials on our website to find the adventure that inspires you. If you have questions, our Adventure Cycling staff will be glad to discuss your options and help your dream cycling tour become reality, call us at 800-755-2453 x3.

#### NEW 2016 TOURS

##### January 2016

[Puerto Rico I](#) | Jan 10-21 | \$2,899.00 | [Inn to Inn](#) | **SOLD OUT**

[Florida Keys I](#) | Jan 16-26 | \$1,729.00 | [Self Contained](#)

[Leadership Training, FL](#) | Jan 28-31 | \$559.00 | [Education](#) | **SOLD OUT**

##### March 2016

[Death Valley Loop I](#) | Mar 05-12 | \$1,229.00 | [Van Supported](#)

[Southern Tier I](#) | Mar 06-May 02 | \$5,699.00 | [Van Supported](#) | **SOLD OUT**

[Southern Arizona Road Adventure](#) | Mar 12-18 | \$1,299.00 | [Fully Supported](#)

[Florida Gulf Coast I](#) | Mar 12-19 | \$1,209.00 | [Van Supported](#) | **SOLD OUT**

[Southern Tier II](#) | Mar 13-May 09 | \$5,699.00 | [Van Supported](#) | **SOLD OUT**

[Death Valley Loop II - Van](#) | Mar 13-20 | \$1,229.00 | [Van Supported](#) | **SOLD OUT**

[Florida Gulf Coast II](#) | Mar 20-27 | \$1,209.00 | [Van Supported](#) | **SOLD OUT**

[Big Bend Loop III](#) | Mar 20-28 | \$1,299.00 | [Van Supported](#)

[Death Valley Loop III](#) | Mar 26-Apr 02 | \$1,199.00 | [Van Supported](#) | **SOLD OUT**

<http://www.adventurecycling.org/guided-tours/?email=20141008>

# Tours Matching: USA Cycling

All USA located tours below

## 2016 SUPPORTED & GUIDED CYCLING TOUR CALENDAR

Pure Adventures operates custom departures in our unique bicycle tour formula: **SSD - Supported Self Directed!** Groups of 6 or more can have custom dates - [contact us](#) for availability! Note, trips listed by month are suggested departure times, but in fact a trip may be available in other months as well. Other Calendars: [Self Guided Tours](#) | [Hiking Tours](#).

### January/February/March

<a href="#">Death Valley Bicycling Discovery</a>	Open Dates	Level 3+	Road/Hybrid Cycling
<a href="#">Sonoran Desert Single Track</a>	Open Dates	Level 3+	Mountain Biking
<a href="#">San Diego Surf &amp; Turf Cycling Tour</a>	Open Dates	Level 3+	Road/Hybrid Cycling
<a href="#">Epic Climbs of Arizona's Sky Islands</a>	Open Dates	Level 4	Road Cycling

### April

<a href="#">San Diego Surf &amp; Turf Cycling Tour</a>	Open Dates	Level 3+	Road/Hybrid Cycling
<a href="#">Epic Climbs of Arizona's Sky Islands</a>	Open Dates	Level 4	Road Cycling

### May/June/July/August

<a href="#">Zion to Bryce Cycling &amp; Hiking</a>	Open Dates	Level 3	Road/Hybrid Cycling
<a href="#">San Francisco to Los Angeles</a>	Open Dates	Level 4	Road Cycling
<a href="#">Bryce and Zion Trekking Tour</a>	Open Dates	Level 4	Trekking/Hiking
<a href="#">Ireland Cork and Kerry Cycling Tour</a>	Open Dates	Level 4	Road Cycling

### September / October

<a href="#">San Francisco to Los Angeles Cycling</a>	Open Dates	Level 4	Road Cycling
<a href="#">Zion to Bryce Cycling &amp; Hiking</a>	Open Dates	Level 3	Road/Hybrid Cycling
<a href="#">San Diego Surf &amp; Turf Cycling Tour</a>	Open Dates	Level 3+	Road/Hybrid Cycling
<a href="#">Epic Climbs of Arizona's Sky Islands</a>	Open Dates	Level 4	Road Cycling

### What is Supported Self Directed - what it includes and why its different:

See the [complete description](#) of this new and very affordable concept.

Still have questions? Call us toll-free at 1-800-960-2221 and we'll be happy to help you plan the right vacation.

For more tours and further information, check out their website at

<http://pure-adventures.com/list-tours/country-USA/activity-cycling#.VFU2DMt0w-g>



Hi Central Jersey Bike Friday Club,

I'm a BF rider, have been for 14 years. I lead multi day trips on the Indonesian islands of Sulawesi, Bali and Flores. Be thankful if you could pass this on to your members. Colin Freestone

### **CYCLE INDONESIA**

Beginning 2009 we have led 18 trips on the Indonesian islands of Sulawesi, Bali and Flores. We provide riders with an authentic intercultural experience in the areas we cycle through covering food, language and customs. Our routes are on quiet country roads and we stop often enough to try local fruits and delicacies, to yarn with locals or to cool off under waterfalls. Accommodation is 'best available' which usually means, at the very least, AC, hot water and sit down toilets. The reality is a wide range from luxurious beach resorts to rustic village family guest houses. The groups are led by an Indonesian speaking Australian guide assisted by English speaking Indonesian drivers in support vehicles. Riders go at their own pace and can jump on a van at any time.

**RIDES GUIDE 2015-2016** <http://www.cycleindonesia.com.au/trips.htm>

The next trip is in September 2015, it is to Central Sulawesi and there is ONE place available for a gentlemen cyclist.

#### **Lake Poso Cycle Tour**

9 days - 486 km - elevation 4147 m

04 - 13 September 2015 - AUD 2,189

#### **Central Sulawesi Cycle Tour - 1 PLACE LEFT**

16 days-879 km-elevation 7,193 m-51 hours ride time

04 - 19 September 2015 - AUD 3,190

#### **Bali Cycle Tour - 6 PLACES LEFT**

8 days - 283 km - elevation 3,543 m

24 hours ride time

20 - 27 November 2015 - AUD 1,869

#### **Toraja Land Cycle Tour for Expats**

7 days - 279 km

05 - 11 December 2015 - \$ TBA

#### **Toraja Land Cycle Tour for Expats**

7 days - 279 km

09 - 15 January 2016

#### **North Sulawesi Cycle Tour**

13 days-715 km - elevation 8,180 m - 36 hours ride time

12 - 24 March 2016

#### **South South Sulawesi Cycle Tour**

9 days - 524 km

06 - 13 May 2016

#### **Toraja Land Cycle Tour for Expats**

7 days - 279 km

14 - 20 May 2016

#### **Trans Flores Cycle Tour**

16 days - 670 km - elevation 10,184 m

01 - 16 July 2016

#### **South South Sulawesi Cycle Tour**

9 days - 524 km

18 - 26 August 2016

#### **Lake Poso Cycle Tour**

10 days - 486 km

09 - 18 September 2016

#### **Central Sulawesi Cycle Tour**

16 Days-879 km - elevation 7,193 m - 51 hours ride time

09 - 24 September 2016

#### **Toraja Land Cycle Tour**

14 days - 648 km - Elevation 4,200m - 47 hours ride time

17 - 30 November 2016



## **When?**

**Tuesdays<sup>1</sup> and Thursdays<sup>2</sup>**

## **Where?**

**Meet at the Loeb Boathouse in New York City's Central Park, located on the left-hand side of the East Drive, North of the 5th Ave. and 72nd St. entrance to the park.**


## **Time?**

**10:00 AM<sup>2</sup> Sharp**

<sup>1</sup>**Tuesday's** rides are all year round

<sup>2</sup>**Thursdays** rides sometimes meet at a different location or earlier time. Be sure to check the email for the meeting time and place. Also, we usually do not meet on Thursdays in November, December, January, February, or March

Temperatures below 30° or above 90° usually cancels a ride.

<sup>2</sup>Get on **The Weekday Cyclists email list** and receive advance notices of the Thursday ride destinations and other special bicycle related announcements. Send an email to  **TWCinNYC @ aol.com**. Write "Add to TWC email list" in the subject line and give your full name and telephone number in the body of your email.

**<http://weekdaycyclists.org/>**



# Miscellaneous Stuff

Including Ride Sheets & Sponsor Ads





Submitted by Ben



## ATTN: CJBC MEMBERS

HAVE NEW CJBC JERSEYS IN STOCK FOR SALE. THEY ARE THE BLACK AND YELLOW TIGER STRIPES. THEY ALSO NOW HAVE OUR CLUB WEBSITE ON THE BACK AND THE YEAR THE CLUB WAS ESTABLISHED WHICH IS 1968. WE HAVE MED, LG, XL, XXL, AND XXXL IN STOCK. THE PRICE IS \$55.00 EACH.

IF YOU WANT TO PURCHASE A JERSEY, PLEASE CONTACT  
MIKE KRUIMER @ 732-586-3981  
EMAIL: [KLINER54@OPTONLINE.NET](mailto:KLINER54@OPTONLINE.NET) FOR MORE







## Central Jersey Bicycle Club, Inc.

### 2015 Ride Sheet

Ride Name as Published in HUB \_\_\_\_\_ Date \_\_\_\_\_

Ride Leader \_\_\_\_\_ Mileage Listed \_\_\_\_\_ Actual Miles \_\_\_\_\_

Leader's Additional Comments: \_\_\_\_\_

#### CJBC MEMBERSHIP RELEASE

In consideration of being permitted in any way in Central Jersey Bicycle Club sponsored bicycling activities I do hereby, for myself, for my heirs, executors and administrators waive, release and forever discharge any and all right and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participation in, or returning from the sponsored event.

Signature of adult responsible for minor (under 18 years old) rider: \_\_\_\_\_

Signature of adult responsible for minor (under 18 years old) rider: \_\_\_\_\_

	Signature	Print Name	CJBC Member	Emergency Phone	Cell Phone
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

### ALL RIDERS MUST WEAR HELMETS

Return completed ride sheets to: Awards Chairperson, PO Box 10686, New Brunswick, NJ 08906

Complete an Incident Report when accidents occur and send it to the address on the form  
and send a copy to the Club.

## Classified Ads

*There is no charge for member's classified ads. To place an ad, send it by email to the HUB editor at [HubEditor@cjbc.org](mailto:HubEditor@cjbc.org). Please contact the editor if you want your ad to run more than once.*

**NEW** .....A flying bicycle – a para-trike with a gasoline engine to power the three bladed propeller for an airspeed of 25 mph. It can ride in traffic when the para-wing is not deployed, although Hammacher recommends you check local ordinances. Hammacher.com, \$45,000.00 Contact Harold M. Finkel, [halmart2@comcast.net](mailto:halmart2@comcast.net), 732-613-6527, (c) 732-666-7161.

Offering three new un-ridden **2013 Raleigh Carbon bikes** - cash prices at major discounts.

A white 55 Militis-1 with 105 and internal cables, orig \$2500 for \$1500. Same T-800 frameset as their \$7000 bike. And two Grey Revenio Carbon-1's, a 56 and 59 with Tiagra, orig \$1850 for \$1000. Also with Internal cabling. Look them up. They are very well rated. Bikes are in Oceanport. Contact Dennis Fahey at [faheybike@verizon.net](mailto:faheybike@verizon.net)

**TREK - Model 2200 Women's Specific Design** Red, Top of the Line, OCLV Carbon Frame, All High End components, Shimano, Bontrager Tires, 27 Gears, Ultra Light Weight Racer Bike. Purchased 2002, Kept in excellent condition, Original Paperwork. \$800 or best offer. Call or email - Karen 732-521-0301 email: [kdc0825@gmail.com](mailto:kdc0825@gmail.com)

I have a class 3 hitch bike rack that I don't want. I am not selling it. I just want to give it to someone who could use it. I live in Long Branch. Thanks, Joe Connor  
[joeluke55@hotmail.com](mailto:joeluke55@hotmail.com)

# RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name \_\_\_\_\_

Name \_\_\_\_\_

(Name & address MUST be filled out completely & printed clearly)

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

E-mail address \_\_\_\_\_

Individual: ☐ 1 Yr \$15      Family: ☐ \$20

☐ 2 Yr \$30      ☐ \$40

☐ 3 Yr \$45      ☐ \$60

**Membership will include our monthly newsletter,  
The HUB**



## FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the same household and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them.

Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

\_\_\_\_\_

## CJBC FEATURED RIDES

- New Member Ride - lunch provided
- Farmlands Tour - largest attendance with over 800 riders
- Longest Day Ride - distance challenge 100, double metric, 200 miles
- Hillier Than Thou - 62 or 100 of extremely hilly routes
- Tom Koenig Anniversary Ride - lunch provided
- Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

## CJBC SOCIAL GATHERINGS

- General Meetings - alternate months with guest presenters
- Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
- Volunteers Dinner - thank our volunteers for their special efforts

## PLEASE CHECK AREAS OF INTEREST

Event Volunteer ☐

Ride Leadership ☐

Serving on Board ☐

Optional:

Age \_\_\_\_\_

Birthdate \_\_\_\_\_

Gender: ☐ Female ☐ Male

Where did you hear about the Club?

\_\_\_\_\_

Our Membership List is published (for members only) once a year. If you **DO NOT** want your phone number to appear in the Membership List, check here: ☐

From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you **DO NOT** want your name/address released in this fashion, check here: ☐

Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year

## **CJBC SPONSORS**

Our sponsors support our club, and offer skilled sales and/or service. **Most** sponsors also offer a 10% discount to club members on many items. Discounts are at the sponsoring shop's discretion. Your CJBC Membership Card is your identification.

### **Bound Brook**

#### **Efinger Sporting Goods**

513 West Union Ave.

Bound Brook, NJ 08805

**(732) 356-0604**

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Mechanics: Dustin Farnum

& Chris Scappino

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Sun 10-5

e-mail: [marcc@efingersports.com](mailto:marcc@efingersports.com)

### **Perth Amboy**

#### **Jerry & Stan's Bicycle Shop**

442 Amboy Ave.

Perth Amboy, NJ 08861

**(732) 442-4370**

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<http://www.jerryandstans.com>

### **Somerset**

#### **Hightstown**

#### **Bicycle Rack**

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**Route 33 & Airport Road**

**Hightstown, N.J. 08520**

(609)-448-2928

Van Delfino, owner

[bicyclerack@msn.com](mailto:bicyclerack@msn.com)

<http://www.njbicyclerack>

### **Bike N Gear**

1695 Amwell Road,

Somerset, N.J. 08873

**(732)-873-0212**

**Prop: Gary Schnitzer**

MGR: Anthony DiPaolo

**Cannondale Specialized**

**Ellsworth**

**Turner Ventana Haro & Masi**

Sales, Service, Trade-Ins,

e-mail: [BikeNGear@aol.com](mailto:BikeNGear@aol.com)





[www.cyclecraft.com](http://www.cyclecraft.com)

#### LONG VALLEY

8 West Mill Rd  
Long Valley, NJ  
07853

908 876-5600

[E-mail this location](#)

#### PARSIPPANY

New Road & Route 46  
Parsippany, NJ 07054  
(973) 227-4462

Fax: (973) 227-0924

[E-mail this location](#)

East Brunswick  
1020 Route 18 N  
732-651-8080



[www.planetbikenj.com](http://www.planetbikenj.com)

Old Bridge  
361 Route 34  
732-290-9898

(609) 448-2928

**Bicycle Rack**  
SALES & SERVICE

Route 33 & Airport Road  
Hightstown, NJ 08520  
[bicyclerack@msn.com](mailto:bicyclerack@msn.com)  
[njbicyclerack.com](http://njbicyclerack.com)



VAN DELFINO  
Owner



**MILLBURN - High Gear Cyclery**  
20 Main Street, Millburn,  
NJ 07041

973-376-0001

Prop: Rone Lewis,

Gen'l Mgr: Nick Burton

[www.highgearcyclery.com](http://www.highgearcyclery.com)

[sales@highgearcyclery.com](mailto:sales@highgearcyclery.com)

**STIRLING - High Gear Cyclery**

393 Main Avenue, Stirling,  
NJ 07980

(908) 647-2010

Prop: Rone Lewis, Gen'l  
Mgr: Craig Ward

[www.highgearcyclery.com](http://www.highgearcyclery.com)

[sales@highgearcyclery.com](mailto:sales@highgearcyclery.com)

**RUTGERS BIKE**

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**Central Jersey Bicycle Club, Inc.**

**Over 40 Years and Still Rolling**

**Established 1968**

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# Happy Bicycling!

