

RIDE CLASSIFICATIONS

- AX :** For strong, experienced cyclists in top physical condition. Average speed is 18 mph or more while moving.
- A+:** For strong, experienced cyclists. Average speed is 17-18 mph while moving.
- A:** For strong, experienced cyclists. Average speed is 16-17 mph while moving.
- A-:** For strong, experienced cyclists. Average speed is 15-16 mph while moving.
- B+:** For good, competent cyclists. Average speed is 15-16 mph while moving.
- B:** For good, competent cyclists. Average speed is 13-14 mph while moving.
- B-:** For good competent cyclists. Average speed is 12-13 mph while moving.
- C+:** For average cyclists. Average speed is 11-12 while moving.
- C:** For average cyclists. Average speed is 10-11 mph while moving.
- C-:** For average cyclists. Average speed is 9-10 mph while moving.
- D:** For novice cyclists. Average speed is 9 mph or less while moving.
- ATB:** For All-Terrain and Hybrids. Average speed will vary with terrain and riders' experience. Must call ride leader.
- MTNB :** For All-Terrain Bike only. Speeds will vary. Must call rider leader.

TERRAIN RATINGS

- 1: Hill Mania (multiple long and/or steep climbs)
- 2: Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)
- 3: Rolling Hills (such as Valley Road in Warren Township)
- 4: Flat (except for an occasional overpass)

Example: B, 3, 35 indicates an average 13-14 mph pace over rolling hills for approximately 35 miles.



CENTRAL JERSEY BICYCLE CLUB I N C .

Make checks payable to:
CENTRAL JERSEY BICYCLE CLUB, Inc.

Mail check and membership form to:
Membership Chairperson
P.O. Box 10686, New Brunswick, NJ 08906

You can also sign up for membership with
www.active.com

RULES OF THE RIDE

Under each listing is the Ride Classification, Terrain Difficulty, Distance in Miles, Starting Time, Location of Start, and Ride Leaders(s) with phone number(s). Our rule is that you Must call the leader of the ride you plan to attend; this will let you ask questions about the ride and will let the Leader notify you if he/she has any special instructions on conditions or stops.

Helmets must be worn on all rides

732-225-HUBS

www.CJBC.org

MEMBERSHIP FORM



Come ride with the

CENTRAL JERSEY BICYCLE CLUB I N C .

Established 1968

Over 40 Years & Still Going Strong

The club rides throughout NJ. From High Point
to Cape May from Lambertville to Atlantic
Highlands

www.CJBC.org

RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature _____ Date _____

Signature _____ Date _____

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name _____

Name _____
(Name & address MUST be filled out completely & printed clearly)

Street _____

City _____

State _____ Zip _____

Phone (____) _____

E-mail address _____

Individual:	<input type="checkbox"/> 1 Yr \$15	Family:	<input type="checkbox"/> \$20
	<input type="checkbox"/> 2 Yr \$30		<input type="checkbox"/> \$40
	<input type="checkbox"/> 3 Yr \$45		<input type="checkbox"/> \$60

Membership will include our monthly newsletter,
The HUB



FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the samehousehold and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them. Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

CJBC FEATURED RIDES

Membership Appreciation Ride - lunch provided
Farmlands Tour - largest attendance with over 800 riders
Longest Day Ride - distance challenge 100, double metric, 200 miles
Hillier Than Thou - 62 or 100 of extremely hilly routes
Anniversary Ride - lunch provided
Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

CJBC SOCIAL GATHERINGS

General Meetings - alternate months with guest presenters
Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
Volunteers Dinner - thank our volunteers for their special efforts

PLEASE CHECK AREAS OF INTEREST

Event Volunteer ☐

Ride Leadership ☐

Serving on Board ☐

Optional:

Age _____

Birthdate _____

Gender: ☐ Female ☐ Male

Where did you hear about the Club?

Our Membership List is published (for members only) once a year. If you DO NOT want your phone number to appear in the Membership List, check here: ☐

From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you DO NOT want your name/address released in this fashion, check here: ☐

Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year